

ZENA RECREATION PARK ACTIVITY PACKET

Welcome to the Zena Recreation Park. The Board of Directors has put together this packet of information and activities to help you become aware of some of the things that will be happening this season at Zena. We hope that you and your family will be able to participate in as many activities as you wish and make full use of our park.

TENNIS. Our extensive activities include but are not limited to the following.

Adult activities: Once the weather permits, we have different activities scheduled on a weekly basis.

Monday—Women’s Night, from 7:30 p.m. on

Three of the four courts are set aside for adult female members to play doubles. All levels of tennis are present and participants generally rotate. This is a great way to play and meet with a variety of people.

Tuesday—Men’s Night, from 7:30 p.m. on

Three of the four courts are set aside for adult male members to play doubles. All levels of tennis are present and participants generally rotate. If you don’t have a partner, this is a great way to meet and play with a variety of people.

Wednesday—All courts are available for members who wish to reserve one. In the spring and fall months, reservations may not be required. If there is a prescheduled club event or Jr. Tennis courts being used may not be reserved.

Thursday—Team Tennis Night, from 7:00 p.m.-10:00 p.m.

Four teams compete in three 12 point matches in men’s doubles, women’s doubles and mixed doubles. Team captains set up the schedule and matches are scheduled at 7:00, 8:00, and 9:00 p.m. Telephone calls are made to inform players of the time of their match. After the matches are completed, the courts are available for open play. Sessions usually begin and end with a mixer-type get together. There is a nominal charge for this activity.

Once Team Tennis begins, no reservations will be taken for Thursday nights.

Friday—Tennis mixers as scheduled

Friday evenings are often set aside for a variety of mixers that members can participate in or arrange. In addition to these activities, there have been various special events and tournaments held in the past. Some of them include “The Battle of the Sexes,” The Non-Spouse Mixed Doubles,” “The Generation Gap,” and “The Zena Club Tournament.”

Junior Tennis.

Professional Instruction--Our Junior Tennis program provides supervised professional instruction for young members on a daily basis during the summer. After a child’s level is evaluated by our teaching pro, she or he will be assigned to a particular lesson time with others on that level. In addition to lessons, there will be opportunities to play in singles matches against others. The child will also be placed on a team for matches in either doubles or mixed doubles. Junior Tennis is scheduled from 11-4 Monday through Friday.

Inter-club tournaments--Some of the children will be selected to play in interclub tournament matches during the season. These may require traveling to other clubs within the Junior Tennis team.

Junior Tennis Tournament—At the end of the season there will be a Junior Tennis Tournament. Awards will be given and a party held for all the participants in the Junior program.

SWIMMING In addition to the regular swim hours, member children can participate in additional swim activities, swim lessons, and swim team.

Swim lessons—Swim lessons are provided to children under 18 in four separate two-week sessions. These lessons range from lessons for tots through Guard Start. Evening adult swim lessons are also offered. All the lessons are Red Cross certified and taught by our Certified Teaching Lifeguards. The lessons are held daily each session between 10:00 and 12 noon. An adult or responsible sitter must accompany children under 12 during swim lessons. There is a nominal charge for these lessons.

Swim team—All children under the age of 18 are invited to participate in our DUSO swim team, the Zena Sundevils. This team competes against other swim clubs in the Dutchess-Ulster area in both dual meets and league meets. We have hired coaches to supervise practice and instruct our swimmers in proper techniques of swimming. Team practice is held every weekday morning in two sessions; the older children practice from 8:00-9:00 a.m. and the younger children from 9:00-10:00 a.m.

The swim meets provide the children with an opportunity to swim against other clubs in the area. They give children a chance to participate in a team event and to build team spirit. The meets usually last about three hours and are quite exciting to watch. Ribbons are awarded.

At the end of the swim season, the leagues have a day-long championship meet where all the clubs send teams to compete. There is a nominal charge for swim team which includes championship fees and a T-shirt. Swim team bathing suits are extra.

The swim team also has a party at the end of the season, and trophies and awards are presented.

FAMILY AND CHILDREN'S SOCIALS

In addition to swim and tennis activities, our social committee schedules activities such as bbqs, movie nights, ice cream socials, arts and crafts, etc... Check our website at www.zenarec.com, newsletters or the bulletin board at the park. The park is also available for renting by members for private parties for a fee. More information about rental requirements can be obtained from the Park Director or Social Chairperson .

As you can see, there are a great many activities to get involved in at Zena and we hope that you will make the most of our facility. If you have any questions, just contact a board member or Park Director.

Enjoy!