



Zena Sundevils Swim Team

Swimmers 18 and younger are welcome to join our **Zena Sundevils** Swim Team. The team is one of eight teams in the local DUSO League (www.DUSO.org). The 2010 swim team season is approx. 6 weeks long. It includes 7 dual meets and culminates in a final day-long championship the first Saturday in August.

Practice is held every weekday morning at our pool at Zena Rec Park, 214 Zena Highwoods Rd., Woodstock. Ages 13 and Up practice from 8-9am, ages 12 and Under from 9-10am.

The **Zena Sundevils** provide a nurturing environment where young people develop friendships and pursue excellence in an activity that encourages fitness, fun, and team building. Swimmers are of all levels, we have youngsters that can barely swim the length of the pool enjoy the camaraderie and spirit of this team sport and the meets as much as the year-round swimmers. The season includes several exciting events centered around team spirit: "fun days" with pool games, a pasta pep rally, a bonfire, an award night, and much more.....

Summer practice starts June 28, 2010

DUSO Championships are August 7, 2010 (raindate August 8)
Awards Night, August 8, 2010

**Open registration will be at Zena Rec Park on May 2nd and May 15th,
12:30-2:30 PM.**

Fee: \$200 per swimmer (for non-park members, if your family joins Zena Rec Park you will get a \$150 deduction), **\$50 for Zena members.**

For more information or to register by mail, go to www.zenarec.com, then click on Swim Team or email Annette Mackrel at swim@zenarec.com