

ZENA RECREATION PARK

ACTIVITY PACKET

Welcome to Zena recreation Park. The Board of Directors have put together this packet of information and activities to help you become aware of some of the things that will be happening this season at Zena. We hope that you and your family will be able to participate in as many activities as you wish and make full use of our Park.

TENNIS

Adult Activities

The season starts off with Adult lessons for people of all abilities on Saturday mornings at 9am. This year's classes start on May 8th and run for 6 weeks. Rain dates are the following week until the six weeks are concluded. You may sign up by contacting Pete Zeeh at 845-331-4355 during the month of April.

This year starting on June 1, the Adult Tennis Leagues start up. These matches are arranged and times are posted so you know when you have a match. These matches are played on Thursday nights and Saturday mornings. You may call Tom Esposito 679-6675 or Jim Davis, the Director of Adult Tennis Activities. These matches run through the summer until 9/18/2010. There is also a sub list for people who can't make it all of the time but would like to play once in a while. This is posted at the courts on the bulletin board.

Following adult lessons on Thursday nights, Pete Zeeh, our tennis pro, shows up at the courts at 6pm for a one hour lesson if any one is interested. The cost is split by the number of players that show up. If you are interested, call 331-4355 and he will be there.

Our activities include but are not limited to the following:

Monday – Courts are open.

Tuesday – Arranged Matches at 7pm and 8:30pm

One court will be available during one of these sessions. Usually all the courts are not used, but check the Arranged Match Schedule.

Wednesday - Arranged Matches at 7pm and 8:30 pm (1st session only - which runs approximately from the beginning of June until the end of July).

One court will be available during one of these sessions. Usually all the courts are not used, but check the Arranged Match Schedule

Thursday – Courts are open although the Tennis Pro may be conducting lessons. Check with him or look at the website for further information.

Friday – Courts are open, although special events may be scheduled.

Saturday – Arranged Matches at 9am and 10:30am. Also, the pre-season Clinics are usually held at this time from the middle of May into June.

One court will be available during one of these sessions. Usually all the courts are not used, but check the Arranged Match Schedule.

Sunday - Arranged Matches at 9am and 10:30am (1st session only – which runs approximately from the beginning of June until the end of July).

Other Possible Activities:

- Opening Tennis Social
- Interclub Mixer with Hyde Park
- Margarita Night
- Closing Tennis Social

Junior Activities:

Professional Instruction – Our Junior tennis program provides supervised professional instruction for young members on a daily basis during the summer. The lessons start on June 28, 2010 and end on August 20, 2010 and run for a period of eight (8) weeks.

After a child's skill level is evaluated by our teaching profession, Pete Zeeh, she/he will be assigned to a particular lesson time with others on that level. Following lessons, there will be opportunities to play singles matches. If a child is able to serve and rally, they will be able to participate on our Junior team and play in our interclub matches.

Junior Tennis Lessons are scheduled Monday thru Thursday from 12 noon until 4pm. On Friday, there is either a Junior team practice or an interclub match. The interclub matches may require traveling to other clubs within our area. For more information, please contact Pete Zeeh at 845-331-4355.

At the end of the season there will be a Junior Tennis tournament. Awards will be given and a party will be held.

SWIMMING

In addition to the regular swim hours, member children can participate in additional swim activities, swim lessons and swim team.

Swim Lessons – Swim lessons are provided to children, under the age of 18, in four separate two week sessions. These lessons range from tots through Guard Start. Evening lessons may also be offered for children. Adult swim lessons are in the evenings. All of the lessons are Red Cross certified and taught by our Certified Teaching Lifeguards. The lessons are held daily between 10 and noon. An adult or responsible sitter must accompany children under the age of 12 during swim lessons. There is a fee for swim lessons.

Swim Team – All children under the age of 18 are invited to participate on our DUSO swim team, the ZENA SUNDEVILS. This team competes against other swim clubs in the Dutchess-Ulster area in both dual meets and league meets. Our coaches supervise practice and instruct the swimmers in proper racing techniques. Team practice is held every weekday morning in two sessions: the older children practice from 8:00am – 9:00am, and the younger children from 9:00am -10:00am.

The swim meets provide the children with an opportunity to swim against other clubs in the area. They give children a chance to participate in a team event and to build team spirit. The meets usually last about three hours and are quite exciting to watch. Ribbons are awarded.

At the end of the swim season, the leagues have a day-long championship meet where all the clubs send teams to compete. There is a nominal charge for swim team which includes championship fees and a t-shirt. Swim team bathing suits are extra.

The swim team has a party at the end of the season where trophies and awards are presented.

FAMILY & CHILDREN SOCIALS

In addition to the swim and tennis activities, our social committee schedules activities such as barbeques, movie nights, ice cream socials, arts and crafts, sports etc... Check out our website at www.zenarec.com, newsletters and the bulletin boards at the Park for more info.

The Park may be rented out for private parties for a fee. More information about rental requirements can be obtained from the Park Director or social@zenarec.com.

As you can see, there are a great many activities to get involved in at Zena. We hope that you will make the most of our facility. If you have any questions, just contact a Board Member or see the Park Director.

Enjoy!