



Private Swim, Tennis
and Recreation Club

Zena Recreation Park
PO Box 688
Woodstock NY 12498
zenarec.com

2022 Zena Sundevils Swim Team Registration & Medical Release Form

Swimmer's Last Name:

Parent/Guardian Name

Home Phone

Cell Phone

Parent/Guardian Name

Home Phone

Cell Phone

Address Town/City/Zip

Parent's E-mail Address

Swimmer's E-mail Address

Alternate Emergency Contact Name

Home Phone

Cell Phone

Relationship to Swimmer

Swimmer Names	AGE	Male or Female	Date of Birth	t-shirt size S,M,L or XL (adult or child)	Medical Concerns (attach sheet)
1.					YES NO
2.					YES NO
3.					YES NO
4.					YES NO



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Family Physician _____ Physician Phone Number _____

I, the parent/guardian of the above named child(ren), hereby give approval for the participation in any and all Zena Recreation Swim Team activities. I also state that the above named have been examined by a physician and found to be in good health and fit for a season of competitive swimming. In case of emergency, should the family physician not be able to be reached, I hereby authorize another available, licensed physician to treat my child(ren).

I understand that prior to my child(ren) being able to practice or compete with the swim team that this medical release from must be complete and the team fee paid. I also give permission for photographs and/or videos of my child to be used on the Zena Rec website and on team videos unless I opt out in writing and notify the Park at the above noted address.

I also realize that by signing I agree to help/volunteer at all swim meets and at the DUSO championship at the end of the swim season. Without parent volunteers we are unable to successfully run a swim meet and the meets can result in forfeiture for the team.

Zena Sundevils Code of Conduct

As a member of the Zena Sundevils swim team, I realize my child is part of an organization that believes teamwork, integrity, respect, and good sportsmanship are more important than winning. I understand, my child, as a swimmer, must be gracious in defeat, modest in victory, and maintain self-control. By signing this Code of Conduct, I agree both my child and I will follow the rules for behavior and sportsmanship while we are members of the Zena Sundevils. In addition, To read and understand the DUSO Code of Conduct that all swimmers and parents are expected to follow, I understand I can go to www.duso.org.

1. We will encourage good sportsmanship.
2. We will attend every practice that we can.
3. We understand that the coach has final say in the events that swimmers swim during meets.
4. We will do our very best to listen and learn from the coaches.
5. We will treat the coaches, other swimmers, officials, and spectators with respect regardless of race, gender, creed, or abilities and expect to be treated accordingly.
6. We will behave in a way which ensures the health, safety and well-being of any coach, swimmer, official or spectator during any swim functions.
7. We will not use profanity or abusive language and will not engage in verbal or physical threats.

Signature of Parent/Guardian

Date of Signature